

POSITIVE PARENTING AWARENESS MONTH

January 2022



INYO COUNTY STORY STROLL- All January

Take your kids on a Story Stroll around Inyo County. Various locations and books will be featured, welcoming all family backgrounds. Check out the "stroll" list for more details or contact Serena Johnson from Inyo County First 5 at Ph. 760-873-6453 or sjohnson@inyocounty.us

POSITIVE PARENTING MONTH PROCLAMATION - January 4, 2022

Join the Inyo County Board of Supervisors in proclaiming January as Positive Parenting Awareness Month at their Tuesday meeting in Independence. For more information contact Serena Johnson from Inyo County First 5 at Ph. 760-873-6453 or sjohnson@inyocounty.us

TRIPLE P SEMINARS SERIES— January 10, 24 & 31

Participate in positive parenting seminars throughout the month of January. Three topics featured will be: The Power of Positive Parenting, Raising Confident, Competent Children & Raising Resilient Children. Seminars will be held from 5:30 - 7 PM on Zoom. For more information or to save your spot, please contact Danielle Rose from First 5 Inyo County at Ph. 760-878-8559 or drose@inyocounty.us

VIRTUAL STORYTIME—January 13. and 27.

Virtual Storytime's provided by Karen Harrison from Kern Regional Center. First event will be held on January 13. with the book "Our Class is a Family", second one will be held on January 27. with the book "Our Table". Both readings start at 4 PM on the KRC Facebook page. For more information, please contact Karen Harrison at Ph. 760.920.4801 or kharrison@kernrc.org

TRIPLE P STEPPING STONES—Starting January 18, 2022

A nine week online parenting course for families with a child who has a disability or developmental delay, and the behaviors that may come with it. For more information or to sign up, please contact Karen Harrison from Kern Regional Center at Ph. 760-920-4801 or kharrison@kernrc.org

SPANISH TRIPLE P PATHWAYS —Starting January 19, 2022

A seven week intensive intervention program for parents who have difficulty regulating their emotions and as a result, are considered at risk of physically or emotionally harming their child. For more information or to sign up, please contact Griselda Ortiz from First 5 Inyo County Center at Ph. 760-872-1939 or gortiz@inyocounty.us

TRIPLE P 0-12 GROUP—Starting January 19, 2022

An eight week parenting course for tips and ideas on how to build positive relationships with your kids, as well as strategies to manage common misbehaviors. For more information or to save your spot, please contact Danielle Rose from First 5 Inyo County at Ph. 760-878-8559 or drose@inyocounty.us

TRIPLE P TEEN GROUP—January 26, 2022

A ten week online parenting course for families with teens. Learn how to improve your relationship with your child, increase positive interactions, and find out how you can manage risky teen behaviors while teaching positive decision-making skills. For mor information or to sign up, please contact Shelley Scott from Inyo County HHS at Ph. 760-878-8318

PPAM

Raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have. Join the following events to help celebrate Positive Parenting Awareness Month:

