

Easy Veggie Lasagna



The entire family can help with this recipe! Kid friendly steps have a hand next to them



Directions

Ingredients


1. 1tsp Olive Oil
2. 3 cups low fat cottage cheese
3. 1 1/2 cups frozen veggies, thawed and drained (broccoli, spinach, mixed, etc.)
4. 8oz package of lasagna noodles
5. 1 cup shredded mozzarella


Sauce


1. 6oz can tomato paste
2. One 28oz or two 15oz cans of diced tomatoes
3. 1 clove chopped garlic or 1/8 tsp garlic powder

1. Pre-heat oven to 375°

2. Grease 9x13in baking dish with oil. 

3. In a bowl, mix cottage cheese and veggies together. 

4. In another bowl, mix tomato paste, tomatoes, oregano and garlic to make sauce. 

5. Layer ingredients in baking dish beginning with sauce, pasta, cottage cheese mixture until dish is full. Top with shredded mozzarella. 

6. Cover with aluminum foil and bake for 60 minutes. Remove foil and bake another 15 minutes until lightly browned and bubbling.