

May Family Empowerment

WHEN: May 2, 2017

WHERE: Alan Spoonhunter Memorial Gymnasium (ASMG)

TIME: 5:30pm - 7:30pm

Would you like to participate in our fun family activities this month? Become eligible by attending this workshop! Join us for a special film screening of 'Resilience,' an informational video that examines the ACE Study! Don't know what 'ACE' is? Perfect! Come learn what it is, and how it effects your family! This workshop is open to all Cash Aid and Prevention eligible families.

Workshop attendance is required in order to participate in our Strengthening *Family Formation through Physical Activities:*

Family Martial Arts and Lacrosse Lessons (all ages)

May 9, 11, 16, 18, 23, and 25, 2017

All lesson will be at the ASMG from 5:00pm-6:30pm

No prior experience necessary, beginners welcome!

For more information or to sign up call 760-938-3355

This is a Family Formation Event

