

Apple Cheddar Salad



The entire family can help with this recipe! Kid friendly steps have a hand next to them



Ingredients





Dressing

- 1/4 cup lemon juice
- 2tbsp honey
- 1tsp olive oil

Salad

- 4 chopped apples
- 1/2 cup cubed cheddar cheese
- 3 cups mixed salad greens
- Slivered almonds, walnuts or sunflower seeds

Directions

1. Combine dressing ingredients in a bowl. 
2. Combine apples and cheese. 
3. Drizzle dressing over chees and apple mixture and gently mix to coat. 
4. Serve apple and cheese mixture over greens and sprinkle your favorite nuts on top. 
5. Enjoy! 