

# Be the BEST Parent you can be...

Save your space in the next session of Positive Parenting for Kids



## 8-week course to help parents:

- *Improve relationships*
- *Increase positive interactions*
  - *Manage behaviors*
- *Promote healthy development*

**Thursdays**  
**from 6 to 7 PM**  
**at 568 W. Line St.**  
**Starting Nov. 3**



Earn a \$50 Vons Card to practice healthy family habits if you complete all sessions and homework! RSVP to 873-6453 now!

Health & Human Services—  
Public Health & Prevention division

