

# For Healthy Kids . Niños Sanos . Tsawu-naama-du Tutuwapi

#### **TEAM INYO PARTNERS**

City of Bishop Parks & Recreation Department

First 5 Inyo County

Inyo County Health & Human Services/Public Health & Prevention Services

Inyo County Superintendent of Schools

Inyo County WIC

Inyo-Mono 4-H Youth Development Program

Inyo-Mono Advocates for Community Action

McDonald's of Bishop, Mammoth Lakes, & Lone Pine

Northern Inyo Hospital

Toiyabe Indian Health Project Preventive Medicine Department

Team Inyo, established in April 2010, is a collaborative of many different agencies and community members working to address childhood obesity in Inyo County.

#### **OUR MISSION**

Our mission is to work with the community and families to prevent and reduce childhood obesity by promoting healthy eating and active living.

### A SAMPLE OF OUR ACCOMPLISHMENTS

Provided cooking classes for children for 3 summers, including a chef's challenge that taught kids to be creative with a few fresh, healthy ingredients.

Promoted a "Rethink Your Drink" campaign for 5 years to encourage children and parents to choose water over sugary beverages.

Facilitated the donation of 15 mountain bikes from the Bureau of Land Management to the City of Bishop Recreation Department. 4-H provided a bicycle maintenance class to work on the donated bikes and prepare them for use.

## **CURRENT INITIATIVES**

Create "Rethink Your Drink" water stations to make water the appealing choice at schools and in the community.

Promote a Live Outside the Box campaign to encourage families to limit television and computer screen time and choose more active options

Join us! NEXT MEETING: 12:15 - 1:30pm Tuesday, May 10, 2016

**City of Bishop Conference Room** 

If you have questions, please call:

April Eagan @ (760) 872-0900





For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit CaChampionsForChange.net for healthy tips. \*California Department of Public Health \* Inyo County Health & Human Services